

Free!

Children and Young People Suicide Awareness and Prevention Workshops



Free half-day workshops at locations across Kent and Medway, funded by the Kent and Medway STP, Kent County Council and Medway Council.

The workshops are suitable for anyone interested in the mental health and well being of children and young people. This includes people who work or volunteer with children and young people, as well as individuals who want to learn more about how to support children and young people.

Find courses and book online at:

bit.ly/cyp-suicide

Workshop bookings and enquiries are processed by the Kent Safeguarding Children Board.
Email: kcsbtraining@kent.gov.uk

Suicide is a difficult and often taboo subject. However we can all learn how to listen to and help a young person who is having suicidal thoughts.

Key outcomes for the workshop:

- Increased awareness of suicide prevention in children and young people.
- Increased confidence to reduce suicide risk.
- Increased awareness of support services.